

**A WORK PLAN FOR PERIOD OF APRIL 2007 TO  
MARCH 2008**

**CAPACITY BUILDING OF HEALTH CARE WORKERS IN  
ILALA DISTRICT ON ART ADHERENCE  
COUNCELLING.**

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**TOT COURSE ATTENDED: 4<sup>TH</sup> KMA/ARCAN TOT  
COURSE FOR PHYSICIAN FEB 26<sup>th</sup> – 9<sup>th</sup> MAR 2007  
THE BOUNTY HOTEL, NAIROBI**

**Main Objective**

To improve the capacity of health workers in Ilala District on ART adherence counselling.

**Specific Objectives**

1. To provide knowledge to health workers on ART adherence counselling.
2. To enable health care workers to provide appropriate ART adherence counselling.

**Justification of the Training**

Tanzanian strategic plan has identified a gap in providing effective ART. Effective ART definitions according to NACP extend to adherence counselling.

In Ilala district there is ART provision. However, the health workers are not providing effective adherence counselling. So, by providing training for the health care workers,

The capacity of the health workers on ART adherence counselling will be improved. This in turn helps the NACP plan to improve capacity building of health care providers in Ilala district.

The ART provision will be effective and the quality will also increase. This is also inline of supporting the NACP plan to expand effective ART in the district.

<b>FINANCIAL BREAKDOWN</b>			
<b>ITEMS</b>	<b>QUANTITIES</b>	<b>AMOUNT IN (TSHs)</b>	<b>AMOUNT IN US \$</b>
<b>HUMAN RESOURCES</b>			
Participants allowances	27,500 x 15 x 3	1,237,500	952
Facilitators	55,000 x 3 x 3	495,000	381
Support staff	1 (secretary)	45,000	35
<b>MATERIAL RESOURCE</b>			
Flip chart	2 x 700	1400	1
Writing pad	1000 x 15	15,000	11
Secretarial services	Continuous	45,000	35
Masking tape	700 x 2	1,400	1
Clear bags	600x15	9,000	7
Marker pen	5x1000	5000	4
Break tea and snacks	2000x15x3	90,000	69
Lunch and water/soft drinks	5000x15x3	225,000	173
Evening tea and snacks	2000x15x3	90,000	69
Venue	120,000x3	360,000	277
Transport	30,000x3	90,000	69
Documentation	30000x3	90,000	69
<b>ADMINISTRATIVE ACTIVITIES</b>			
Planning meetings	5x18000	90,000	69
Training manuals	3400x50	170,000	131
Report writing	36500x3	109,5000	84.23
<b>MONITORING AND EVALUATION</b>	40000x3	120,000	92.3
<b>Sub Total Per Quarter</b>		<b>3,250,000</b>	<b>2500</b>
<b>Grand Total (x 4 Qtrs)</b>		<b>13,000,000</b>	<b>10,000</b>

<b>CAPACITY BUILDING OF HEALTH CARE GIVERS IN ILALA DISTRICT ON ART ADHERENCE COUNSELING</b>																							
<b>Adeodata Mkuwa, Muhimbili Orthopaedic Institute, WORKPLAN FOR THE PERIOD April 2007 - March 2008</b>																							
Main Objective: To Increase Capacity of Health Workers In Ilala District On ART Adherence Counselling.																							
Specific Objectives	Output	Detailed Activities	Time Frame												Responsible Person	Budget And Source (In Us\$)	Performance Indicator	Target Completion Date					
			Quarters			1 <sup>st</sup>			2 <sup>nd</sup>			3 <sup>rd</sup>							4 <sup>th</sup>			NACP	1 <sup>st</sup> training
			A	M	J	J	A	S	O	N	D	J	F	M									
To provide knowledge to health workers on ART adherence counselling	60 trained health care workers.	Adopt National curriculum.	x			x			x			x			Adeodata	360,000	Adopted curriculum.	Apr-07					
		Identify facilitators.	x			x						x			Adeodata	102,200	List of selected Facilitators.	Apr-07					
		selection of participants	x			x			x			x			Adeodata	177,200	List of participants selected	Apr-07					
		Identify training venue.	x			x			x			x			Adeodata	150,000	Letter of confirmation from the venue owner.	Apr-07					
		Conduct training.			x			x			x			x	Adeodata	10,739,400	Training report.	May-07					
To enable health workers to provide ART adherence counselling	60 health workers enabled	Identification of appropriate tools.	x			x			x			x			Adeodata	250,000	List of appropriate tools.	Apr-07					
		Identify practicum	x						x			x			Adeodata	120,000	confirmation letter						
		Conduct practicum.		x			x			x			x		Adeodata	420,000	No. of HCWs enabled	May-07					
		Distribution of tools.		x			x				x		x		Adeodata	681,200	List of tools distributed.	May-07					
				<b>TOTAL</b>													<b>13,000,000</b>						

Total No. of trainees per year           60  
 Total No. of trainees per year           60  
 Total amount per trainee per day       21.2 USD  
 Duration of training                       3 days  
 Total amount per training                2500 USD  
 Total amount for 4 trainings            10,000 UD