

# HIV AND AIDS WORK PLAN

BY

JAPHETH MUITA GITHAIGA

Cell: +254 722 801 516; Office: +254 64 30301 ext. 167

E-mail: [jmuitag@yahoo.com](mailto:jmuitag@yahoo.com), [jgithaiga@kemu.ac.ke](mailto:jgithaiga@kemu.ac.ke)

ORGANIZATION: KENYA METHODIST UNIVERSITY

P. Box 267 MERU

TITLE: HIV AND AIDS PREVENTION AND IMPACT MITIGATION AT KENYA METHODIST UNIVERSITY, TEACHER TRAINING, TECHNICAL AND FAITH BASED INSTITUTIONS IN SUBURBAN MERU, KENYA

JUNE 2008

## INTRODUCTON

Kenya Methodist university [KEMU] , which is a private public Christian based university, with the Main campus [1,200 full time, and 2, 000 part time students] is located in the suburban environment in Meru, 280 km north of Nairobi. The University also has branches in Nairobi [4,500 students (3/4 of whom are Mature age /professional students)], Mombasa [800 students,  $\frac{1}{2}$  of whom are in the age bracket of 18-24 years], Nakuru with 600 students [same as Mombasa], Nyeri with about 400 students [in similar situation as in Mombasa and Nakuru]. This is the only University in this region which borders North Eastern part of Kenya- a zone that is poorly endowed both climatically and economically. Some of KEMU's institutional objectives are; academic excellence, wholistic development of the individual and community service.

In its Vision the University is very clear on the issue of humanity by stating that the University will be a "center for excellence in ..... and service to humanity". In its mission, KEMU will "inculcate Christian and moral values for sustainable individual and societal development" Equally, in its mission, KEMU is to "be community driven by being sensitive and responsive to societal needs and the right of every person to knowledge"

These statements of commitments augers quite well with the objects of ARCAN TOT program for HIV AND AIDS managers in that, our main areas of focus shall be within the University community and the community outside the university. In addition, the university is committed to social and academic matters that affect the society, and that it will not only have a direct input into the society but also partner with other stakeholders to better human life.

To facilitate this partnership, ARCAN has conducted an intensive three weeks TOT training for HIV AND AIDS program managers as part of its capacity training programs at ESAMI. The main goal for this training is to enable the program managers to cascade the relevant knowledge and skills to other stakeholders actively engaged in various HIV interventions within the institution and the community.

## **JUSTIFICATION:**

According to the available data on HIV AND AIDS infections, the largest risk group is in the age bracket 15-49, within which most of the University and tertiary institutions students fall. In addition this is the most sexually active group, whose behavior in most cases is influenced by the sudden exposure to unlimited freedom when they join these institutions of higher learning, peer pressure and social economic constraints. For these reasons there is need for the university and the tertiary institutions to mainstream issues of HIV AND AIDS in their core programs in order to reduce the rate of HIV infection among the youths.

In addition Kenya National Aids Strategic Plan [KNASP] 2005-2010 which informs the various planned interventions organized by individual institutions and organizations recognizes the need to put a lot of effort in mitigating HIV infection amongst the youth through various strategies like; Behavioral Change Communications [BCC], Abstinence and delayed Sexual debut, availability of Voluntary Counselling and Testing [VCT] services.

**MAIN GOAL:**

To contribute towards the creation of an HIV AND AIDS free society in Africa

**GENERAL OBJECTIVE:**

To enhance the capacity of the University Community and the Community outside the University through training in order to involve them in the HIV AND AIDS interventions

Objectives	Outputs	Activities	Responsibility	Time Frame	Performance Indicator	Budget in USD	Source of Funds
1. To conduct training on HIV AND AIDS Project management cycle for 20 members of faculty and Administrative staff by September 2008	20 trained Faculty and Administrative staff	-Preparation of Training venue	Dean of students Office	1 <sup>ST</sup> July - 25 <sup>th</sup> August 2008	-Number of Faculty and administrative Staff trained	-417	ARCAN & NACC
		-Pre training facilitation [trainers, trainees, transport and accommodation and sending invitation letters] -Drawing up training schedules				-700	
		-Preparation of training materials -Acquisition of multi media factices for learning and instruction				-650	
		-Conduct training five days	- Dean of students Office	-8 <sup>th</sup> -12 <sup>th</sup> September 2008	-Number of Student Leaders trained	-1612	

<p>2. To train 20 Student leaders [ Students' Chapter on HIV, Students' Union HIV club, Red Cross Club Leaders] in Project Management cycle on HIV AND AIDS by January 2009</p>	<p>20 trained Students' Leaders</p>	<p>-Preparation of Training venue</p> <p>-Pre training facilitation [trainers, trainees, transport and accommodation and sending invitation letters]</p> <p>-Drawing up training schedules</p> <p>-Preparation of training materials</p> <p>-Acquisition of multi media factices for learning and instruction</p> <p>-Conduct training for five days</p>	<p>- Dean of students Office</p>	<p>-1<sup>st</sup> Oct-14<sup>th</sup> Nov. 2008</p> <p>-5<sup>th</sup>-9<sup>th</sup> Jan.2009</p>	<p>-Number of Religious leaders trained</p>	<p>-417</p> <p>-700</p> <p>-650</p> <p>-1612</p>	
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<p>3. To conduct training for 20 Religious leaders involved in HIV AND AIDS Education in their respective religious organizations on Project management cycle on HIV AND AIDS by February 2009</p>	<p>20 trained Religious leaders</p>	<p>-Preparation of Training venue</p> <p>-Pre training facilitation [trainers, trainees, transport and accommodation and sending invitation letters]</p> <p>-Drawing up training schedules</p> <p>-Preparation of training materials</p> <p>-Acquisition of multi media factices for learning and instruction</p> <p>-Conduct training for five days</p>		<p>-2<sup>6</sup> January-6<sup>th</sup>February 2009</p> <p>-16<sup>th</sup>-20<sup>th</sup> February 2009</p>		<p>-417</p> <p>-700</p> <p>-650</p> <p>-1475</p>	<p>ARCAN &amp; NACC</p>
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