



## **KMA Training Report**

### **KMA/ARCAN Level II Training for Physicians in HIV/AIDS**

**1<sup>st</sup> Training held at Methodist Guest House in  
Nairobi, Kenya**

**4<sup>th</sup> – 6<sup>th</sup> August, 2008**

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## Partner Training Institutions - ARCAN Training Monitoring Form

*(Submit to the Project Coordinating Unit for each training conducted<sup>1</sup> and keep one copy)*

<b>Name of Training Institute / Person</b>	Kenya Medical Association (KMA)			
<b>Country site of training</b>	Methodist Guest House, Nairobi, KENYA			
<b>Title or Topic of Training</b>	Level II Course for Physicians in HIV and AIDS			
<b>Total Number of Training Hours<sup>2</sup></b>	21 hours/week (7 training hours per day – excluding meal times)			
<b>Date of Training</b>	From 4 <sup>th</sup> – 6 <sup>th</sup> August 2008			
<b>Type of Training<sup>3</sup></b>	Primary Training		Follow Up / Support	Follow up

<b>Total Number of Participants</b>	Males	13	Females	8	Total	21
<b>Country of Origin (Give Numbers)</b>			Kenya			
<b>Sector<sup>4</sup> (Give Numbers)</b>	Public Sector	11	Private Sector	9	Civil Society	1
<b>Number of work plans submitted<sup>5</sup></b>	NONE. <i>This was a Level II Training.</i>					

# **Narrative Report**

## **Level II Training Course for Physicians in HIV/AIDS, Nairobi, Kenya held on 4<sup>th</sup> – 6<sup>th</sup> August 2008.**

### **1. Introduction**

The 1<sup>st</sup> Refresher/Follow up Training course for Physicians in HIV/AIDS, took place in Nairobi from 4<sup>th</sup> – 6<sup>th</sup> August 2008. The schedule and learning strategies that was used were adopted from the previous KMA/ARCAN Physician trainings.

### **2. The participants**

There were 35 participants from Kenya who were expected at this workshop, however only 21 participants attended giving a 60% attendance rate. These were ATGs from previous ARCAN trainings conducted in 2006/2007. There were 13 (61.90%) males and 8 (38.1%) females. There were 8 doctors, 7 pharmacists, 1 pharmacy technician and 5 clinical officers.

### **3. The workshop**

The design of this refresher/follow up course was based on feedback received during Level I trainings. The topics covered included:

- Practical exposure in PLWA (Field visit, practicum)
- Counselling
- Nutrition in PLWA
- ARV management
- Basics in training Networks formation (procedures and requirements)
- Cascading strategies-based on existing country potentials
- Resources mobilization-strategies.

There was a field trip to a HIV/AIDS comprehensive care clinic included on the training schedule. The final session of the workshop involves participants'

reflections on the workshop and how useful they found the training and the materials presented.

#### **4. Evaluation of the course**

A daily evaluation rating was applied to this 3-day workshop using a 3-point scale (happy, average and not happy). The following is a summary of the topics the participants reported to be most useful for the refresher courses:

- ARV Management
- Nutritional care in HIV
- Cascading strategies
- Resource mobilization strategies
- Sharing post – training experiences

#### **5. Conclusion**

Nearly all the ATGs reported having participated in capacity building activities at their places of work following the primary trainings. Participants were requested to continue sharing their experiences with each other and with ARCAN in order to build an updates profile on ATGs. Clearly there was still misunderstanding with the participants expecting ARCAN and KMA to fund their cascading projects. This was however clarified and ATGs informed that NASCOP is willing to work with them as trainers. Each participant was given a copy of the letter of support written by the NASCOP Director. Participants were also encouraged to look for other funding sources, and a discussion on strategies for resource mobilization was conducted. The concept of cascading was further discussed and strategies based on the current situation in the country were identified. The basics of forming training networks were discussed and participants encouraged becoming members in their newly formed Network.

### Appendix I: List of Participants

NAME	SPECIALITY	PHYSICAL CONTACT	POSTAL ADD/ CODE	TOWN/ COUNTRY	PHONE	EMAIL
1.Maureen Obbayi	Pharmacy Technologist	Liverpool VCT	00100-18727	Nairobi	0722961968	<a href="mailto:mobbayi@liverpoolvct.org">mobbayi@liverpoolvct.org</a>
2.Sammy Marindany Chelule	Clinical Officer	Vihiga District Hospital	30500-1069	Mbale	0724896733	<a href="mailto:sammychelule@yahoo.com">sammychelule@yahoo.com</a>
3.Martin Otieno Omito	Clinical Officer	Lugulu Mission Hospital	43	Webuye	0720111530 0720456846	<a href="mailto:bobomitto@yahoo.com">bobomitto@yahoo.com</a>
4.Aboge Donald Ochieng	Physician	Mombasa Hospital	00200-5917	Mombasa	0720441056	<a href="mailto:donaboge@gmail.com">donaboge@gmail.com</a>
5.Habel A. Alwang'a	Medical Officer	Bungoma District Hospital	50200-14	Bungoma	0722446075	<a href="mailto:hangani@yahoo.co.uk">hangani@yahoo.co.uk</a>
6.Samuel Muchiri N.	Clinical Officer	Muranga District Hospital	69	Muranga	0722551782	<a href="mailto:wakinjom@yahoo.com">wakinjom@yahoo.com</a>
7.David Mungai Mwaura	Clinical Officer	Muranga District Hospital	69	Muranga	0722380469	<a href="mailto:dawoodmwa@yahoo.com">dawoodmwa@yahoo.com</a>
8.Mary Wangare Thande	Pharmacist	Kaliluni Medical Centre	90100-2236	Machakos	0202338665 0722824834	<a href="mailto:marydad_2000@yahoo.com">marydad_2000@yahoo.com</a> <a href="mailto:marydad@hotmail.com">marydad@hotmail.com</a>
9.Stella Mwangi	Medical Officer	Pumwani Maternity Hospital	00502-24323	Nairobi	0721314247 0720280795	<a href="mailto:thogorin@yahoo.com">thogorin@yahoo.com</a>
10. Linus M. Wafula	Pharmacist	Kisii General Hospital	92	Kisii	058-31310 0721595569	<a href="mailto:makwaf@yahoo.co.uk">makwaf@yahoo.co.uk</a>
11. Simon M. Gitau	Medical Officer	Rongo District Hospital	00200-7182	Rongo	0722417230 0722417230 0733644744	<a href="mailto:gitausimon@yahoo.com">gitausimon@yahoo.com</a>
12. Ndwiga Njue Mwachandi	Paediatrician	Town House, Kaunda Street	00623-38830	Nairobi	0721583052	<a href="mailto:nnwachandi@hotmail.com">nnwachandi@hotmail.com</a>
13. David Momanyi	Pharmacist	Shield Pharmacy Ltd.	30100-1513	Eldoret	0722583668 0735443267	<a href="mailto:doseko@yahoo.com">doseko@yahoo.com</a>
14. Maureen Ogada	Pharmacist	Lords Healthcare	00100-13372	Nairobi	0726-985555	<a href="mailto:maureenogada@yahoo.com">maureenogada@yahoo.com</a>
15. Elizabeth Waithira Irungu	Pharmacist	Aga Khan Hospital	00202-2285	Nairobi	3662273 0722363854	<a href="mailto:elizabethirungu@yahoo.co.uk">elizabethirungu@yahoo.co.uk</a>
16. Peter Ngaruiya Mugo	Medical Officer	Maragua District Hospital	00200-63031	Maragua	0202114125 0722480730	<a href="mailto:mugopeter@yahoo.com">mugopeter@yahoo.com</a>
17. Antony I. Mwangi	Pharmacist	Kerugoya District Hospital	10300-24	Kerugoya	060-21058 0721382335	<a href="mailto:mwangigitharu@yahoo.com">mwangigitharu@yahoo.com</a>
18. Anne Mungai	Public Health	Kenyatta National Hospital	00202-2633	Nairobi	0202726300 0722809645	<a href="mailto:anngmungai@yahoo.com">anngmungai@yahoo.com</a>
19. Jayne K. Gatuiku	Pharmacist	Cedar Pharmacane Ltd.	00400-70841	Nairobi	020-317384	<a href="mailto:cedarg2002@yahoo.com">cedarg2002@yahoo.com</a>

					0722724046	
20. Catherine P.W. Muriuki	Clinical Officer	Mbagathi District Hospital	00517-1076	Nairobi	0721707731	<a href="mailto:cwaturi@yahoo.com">cwaturi@yahoo.com</a>
21. Kenneth K. Munene	Physician	Mary Help of the Sick Mission Hospital	424	Thika	067-30417 0722140000 0736140000	<a href="mailto:dockahiga@gmail.com">dockahiga@gmail.com</a>

## Appendix II: Programme for 14<sup>th</sup> KMA Training of Trainers Workshop

Time	3 <sup>rd</sup> Aug	4 <sup>th</sup> Aug	5 <sup>th</sup> Aug	6 <sup>th</sup> Aug	7 <sup>th</sup> Aug
8.00 – 8.30 a.m.	Arrival and Registration	Introductions <b>Dr. P. Mandela</b>	Recap	Recap	Departure
8.30 – 10.30 a.m.		Expectations – <b>Dr. P. Mandela</b>	Practical exposure in PLWA - <b>Dr Suleh</b>	ARV management - <b>Dr. Enoch Omonge</b>	
		ARCAN representative – <b>Mrs. V. Gitoho</b>			
10.30 - 11.00 a.m.		TEA			
11.00a.m – 1.00 p.m.		Counselling – <b>Dr. David Bukusi</b>	Practical exposure in PLWA - <b>Dr Suleh</b>	Resources mobilization strategies Basics in training Networks formation - Panel discussion <b>Dr. P. Mandela</b>	
1.00 – 2.00 p.m.		LUNCH			
2.00 – 4.00 p.m.		ARV management - <b>Dr. Enoch Omonge</b>	Nutrition in PLWA – <b>Mrs. Faith Gitahi</b>	Cascading strategies-based on existing country potentials - panel discussion <b>Dr. P. Mandela</b>	
4.00 – 4.30 p.m.		TEA			
4.30 – 5.30 p.m.			ARV management - <b>Dr. Enoch Omonge</b>	Nutrition in PLWA – <b>Mrs. Faith Gitahi</b>	