

**WORK PLAN FROM APRIL 2007 TO MARCH 2008**

**CAPACITY BUILDING OF HEALTH CARE WORKERS IN  
ILALA DISTRICT IN THE PROVISION AND  
UTILIZATION OF PEP SERVICES.**

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**TOT COURSE ATTENDED: 4<sup>TH</sup> KMA / ARCAN TOT  
COURSE FOR PHYSICIANS FROM 26<sup>TH</sup> FEB TO 9<sup>TH</sup>  
MARCH**

## **Main Objective**

To improve the capacity of health care workers in Ilala District in the Utilization and Provision of PEP services

## **Specific Objectives**

1. To train health workers on PEP services
2. To enable health workers to use PEP services
3. To enable health care workers to provide PEP services

## **Justification of Training:**

Post exposure prophylaxis is the use of therapeutical agents to prevent infection following exposure to pathogens. It is commonly considered for health care workers for exposure to HIV and hepatitis B. Also for non occupational exposure and prevention of mother to child transmission of HIV.

There is a large number of people who are infected with HIV/AIDS in Tanzania. It is very difficult for health workers to know whether their patients are infected or not with HIV/AIDS.

This work plan is consistent with the Tanzanian National HIV/AIDS strategic plan priority area addressing professional groups at risk for HIV/AIDS infection at work, to use and provide Post Exposure Prophylaxis services.

By giving the training on provision and utilization of Post Exposure Prophylaxis services for Health Care Workers in Ilala District, will help them to effectively use and provide the services which is also the gap identified by the national strategic plan number 10.

## BUDGET JUSTIFICATION

| ITEMS                            | QUANTITIES  | AMOUNT(Tsh)       | AMOUNT<br>IN US \$ |
|----------------------------------|-------------|-------------------|--------------------|
| <b>HUMAN RESOURCES</b>           |             |                   |                    |
| Participants allowances          | 27,500*15*3 | 1,237,500         | 952                |
| Facilitators                     | 55,000* 3*3 | 495,000           | 381                |
| Support staff                    | 1*15,000*3  | 45,000            | 35                 |
| <b>MATERIAL RESOURCE</b>         |             |                   |                    |
| Flip chart                       | 2*700       | 1400              | 1                  |
| Writing pad                      | 1000*15     | 15,000            | 11                 |
| Secretarial services             | 1*45,000    | 45,000            | 35                 |
| Masking tape                     | 700*2       | 1,400             | 1                  |
| Clear bags                       | 600*15      | 9,000             | 7                  |
| Marker pen                       | 5*1000      | 5000              | 4                  |
| Break tea and snacks             | 2000*15*3   | 90,000            | 69                 |
| Lunch and water/soft drinks      | 5000*15*3   | 225,000           | 173                |
| Evening tea and snacks           | 2000*15*3   | 90,000            | 69                 |
| Venue                            | 120,000*3   | 360,000           | 277                |
| Transport                        | 20,000*3    | 60,000            | 46                 |
| Documentation                    | 1*80,000    | 80,000            | 62                 |
| <b>ADMINISTRATIVE ACTIVITIES</b> |             |                   |                    |
| Planning meetings                | 9,000*5     | 45,000            | 35                 |
| Training manuals                 | 4,300*50    | 215,000           | 165                |
| Report writing                   | 1*100,000   | 100,000           | 77                 |
| <b>MONITORING AND EVALUATION</b> | 1*130,000   | 130,000           | 100                |
| <b>Sub Total Per Quarter</b>     |             | <b>3,250,000</b>  | <b>2500</b>        |
| <b>Grand Total (x 4 Qtrs)</b>    |             | <b>13,000,000</b> | <b>10,000</b>      |

| CAPACITIES BUILDING OF HEALTH CARE WORKERS AT ILALA DISTRICT IN PROVISION AND UTILIZATION OF POST EXPOSURE PROPHYLAXIS SERVICES.                         |   |                                      |            |   |   |                 |   |   |                 |   |   |                 |   |                |                    |                             |                            |                        |                 |  |  |
|--|---|--------------------------------------|------------|---|---|-----------------|---|---|-----------------|---|---|-----------------|---|----------------|--------------------|-----------------------------|----------------------------|------------------------|-----------------|--|--|
| Dr. Violet Mwanjali, Muhimbili National Hospital, WORKPLAN FOR THE PERIOD APRIL 2007 - MAY 2008  |   |                                      |            |   |   |                 |   |   |                 |   |   |                 |   |                |                    |                             |                            |                        |                 |  |  |
| Main Objective: To Build Up The Capacity Of Health Care Workers At Ilala District In The Provision And Utilization Of Post Exposure Prophylaxis Services |   |                                      |            |   |   |                 |   |   |                 |   |   |                 |   |                |                    |                             |                            |                        |                 |  |  |
| Specific Objectives  | Output  | Detailed Activities                  | Time Frame |   |   |                 |   |   |                 |   |   |                 |   |                | Responsible Person | Budget & Source (In Us\$)   | Performance Indicator      | Target Completion Date |                 |  |  |
|  |   |                                      | Quarters   |   |   | 1 <sup>st</sup> |   |   | 2 <sup>nd</sup> |   |   | 3 <sup>rd</sup> |   |                |                    |                             |                            |                        | 4 <sup>th</sup> |  |  |
|  |   |                                      | Months     | A | M | J               | J | A | S               | O | N | D               | J | F              |                    |                             |                            |                        | M               |  |  |
| 1. To train health workers on Post Exposure Prophylaxis services.  | 60 trained health care workers.                   | Adapt training National guidelines.  | x          |   |   | x               |   |   | x               |   |   | x               |   |                | Dr V. Mwanjali     | 401,200                     | List of participants.      | Jan 31, 2008           |                 |  |  |
|  |   | Identify facilitators.               | x          |   |   | x               |   |   | x               |   |   | x               |   |                | Dr V. Mwanjali     | 100,000                     | List of Facilitators.      | Jan 31, 2008           |                 |  |  |
|  |   | Select participants                  | x          |   |   | x               |   |   | x               |   |   | x               |   |                | Dr V. Mwanjali     | 320,000                     | Copy of adapted guidelines | Jan 31, 2008           |                 |  |  |
|  |   | Identify training venue.             | x          |   |   | x               |   |   | x               |   |   | x               |   |                | Dr V. Mwanjali     | 120,000                     | Letter of confirmation     | Jan 31, 2008           |                 |  |  |
|  |   | Conduct training.                    |            | x |   |                 | x |   |                 | x |   |                 | x |                | Dr V. Mwanjali     | 10,553,200                  | Training report.           | Feb 28, 2008           |                 |  |  |
| 2. To enable health workers to use Post Exposure Prophylaxis Services.   | 60 health workers will be enabled to use PEP.     | Identification of appropriate tools. | x          |   |   | x               |   |   | x               |   |   |                 | x | Dr V. Mwanjali | 182,000            | List of appropriate tools.  | Jan 31, 2008               |                        |                 |  |  |
| 3. To enable health workers to provide Post Exposure Prophylaxis Services.   | 60 health workers will be enabled to provide PEP. | Identify practicum site              | x          |   |   | x               |   |   | x               |   |   |                 | x | Dr V. Mwanjali | 120,000            | Confirmation letter         | Jan 31, 2008               |                        |                 |  |  |
|  |   | Conduct a practicum.                 |            | x |   |                 | x |   |                 | x |   |                 | x | Dr V. Mwanjali | 122,000            | No. of HCWs enabled         | Feb 28, 2008               |                        |                 |  |  |
|  |   | Distribution of tools.               |            | x |   |                 | x |   |                 | x |   |                 | x | Dr V. Mwanjali | 681,200            | Number of tools distributed | Feb 28, 2008               |                        |                 |  |  |
|  |   | Follow up.                           |            |   | x |                 |   | x |                 |   | x |                 |   | x              | Dr V. Mwanjali     | 400,400                     | No. of visits.             | May 31, 2008           |                 |  |  |
|  |   | <b>TOTAL</b>                         |            |   |   |                 |   |   |                 |   |   |                 |   |                |                    | <b>13,000,000</b>           |                            |                        |                 |  |  |

Total No. of trainees per year 60  
 Total No. of trainees per year 60  
 Total amount per trainee per day 21.2 USD  
 Duration of training 3 days  
 Total amount per training 2500 USD  
 Total amount for 4 trainings 10,000 UD