

**WORK PLAN FOR THE PERIOD OF MARCH 2007 TO  
FEBRUARY 2008**

**Capacitating Health Care Workers (HCWs) on provision  
of quality ART adherence counselling**

**Wondu Teshome**

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Awassa, Ethiopia

**TOT Course Attended: 4<sup>th</sup> KMA/ARCAN TOT Course for  
Physicians in HIV and AIDS, 26<sup>th</sup> Feb – 9<sup>th</sup> March 2007**

## **Goal**

To capacitate HCWs in Sidama Zone, SNNPR, Ethiopia On provision of quality ART adherence counselling

## **Specific Objectives**

1. To train HCWs on ART adherence counselling
2. To enable HCWs to deliver quality ART adherence counselling service

## **Justification**

The Government of Ethiopia has launched an ART initiative in 2003 and currently there are 67,235 patients who have ever started ART (Jan 10, 2007 report, MOH).

Some researches reveal that poor adherence to ARV drugs is as high as 10%. In fact experiences from past medical trends reveal that there are numerous infectious agents that have become resistant to the one time well known 'drug of choice'. It is inevitable in this case also that inadvertent use of the ARV drugs with out tight and continues adherence monitoring system will result in resistant viral strain. This could be a simple turning point for the virus to show up again in a very wild form posing another bigger public health problem.

Thus, this training will help pertinent health professionals to provide all patients on Chronic HIV/AIDS care with comprehensive plan to monitor and support adherence that utilizes multiple strategies and all members of the health care team, as well as family and the community. And will contribute a lot to the promotion of treatment adherence and reduction of the emergence of resistant viral strains.

## Budget Justification

<b>FINANCIAL BREAKDOWN</b>			
<i>(Rate: 1 USD= 9 ET Br)</i>			
<b>ITEMS</b>	<b>QUANTITIES</b>	<b>AMOUNT IN (ET Br)</b>	<b>AMOUNT IN US \$</b>
<b>HUMAN RESOURCES</b>			
Participants allowances	10 x4 daysx100	4000.00	<b>444.44</b>
Facilitators	2x5 daysx500	5000.00	<b>555.56</b>
Support staff	1 x5 daysx40	200.00	<b>22.22</b>
<b>MATERIAL RESOURCE</b>			
Flip chart	4 x 50	200.00	<b>22.22</b>
Writing pad	15 x5	75.00	<b>8.33</b>
Secretarial services	300.00	300.00	<b>33.33</b>
Masking tape	5x10	50.00	<b>5.56</b>
Clear bags	15x20	300.00	<b>33.33</b>
Marker pen	1 x100	100.00	<b>11.11</b>
Break tea and snacks	20 x 8x5 days	800.00	<b>88.89</b>
Lunch and water/soft drinks	<b>Optional depending on Perdiem paid</b>		
Evening tea and snacks	<b>Optional depending on Per diem paid</b>		
Venue	Not required	Not required	Not required
Transport	500.00 (fuel and oil)	500.00	<b>55.55</b>
Documentation	200.00	200.00	<b>22.22</b>
<b>ADMINISTRATIVE ACTIVITIES</b>			
Planning meetings	2x4x75	600.00	<b>66.67</b>
Training manuals	800.00	800.00	<b>88.89</b>
Report writing	382.00	382.00	<b>42.44</b>
<b>MONITORING AND EVALUATION</b>	200.00	200.00	<b>22.22</b>
<b>Sub Total Per Quarter</b>		13,706.82	<b>1522.98</b>
<b>Grand Total (x 4 Qtrs)</b>		<b>54,827.28</b>	<b>6,091.92</b>

**Capacitate Health Care Workers (HCWs) to provide quality ART adherence counselling**

**WONDU TESHOME of AWASSA HOSPITAL, WORKPLAN FOR THE PERIOD Mar 2007-Feb 2008**

**Main Objective: TO CAPACITATE HCWs IN SIDAMA ZONE, SNNPR, ETHIOPIA TO PROVIDE QUALITY ART ADHERENCE COUNSELLING**

Specific Objective	Output	Detailed Activities	Time Frame												Responsible Person	Budget & Source 1USD=9 ET Br	Performance Indicator	Target Completion Date(2007)
			1 <sup>st</sup>			2 <sup>nd</sup>			3 <sup>rd</sup>			4 <sup>th</sup>						
			J	F	M	A	M	J	J	A	S	O	N	D				
		<b>Quarters</b>														<b>HAPCO</b>		
		<b>Months</b>														<b>ET Br</b>		
1. To train HCWs on ART adherence counselling	40 HCWs who are trained on adherence	Adapt training curriculum			x		x		x		X				Wondu T.	1,688.92	The curriculum	20,03
		Identify trainers			x		x		x		X				Wondu T.	2,400.12	List of trainers	30,03
		Identify trainees			x		x		x		X				Wondu T.	518.84	List of trainees	30,03
		Prepare training sites			x		x		x		X				Wondu T.	0.00	Letter of confirmation	30,03
		Conduct training				x		x		x			x		Wondu T.	39,816.12	Attendance sheet of trainees	5,10
		Report Writing				x		x		x			x		Wondu T.	1,000.00	The report	10,10
2. To enable HCWs to deliver quality ART adherence counselling service	40 HPs who can assist patients to overcome adherence problems	Prepare case scenarios			x		x		x		X				Wondu T.	0.00	Number of case scenarios	30,03
		Conduct practicum			x		x		x		X				Wondu T.	28,427.00	List of EPTs trained	23,04
		Distribute training materials			x		x		x		X					20,000.00		
			<b>TOTAL</b>													<b>54,827.28</b>		

Total No. of trainees per training      10  
 Total No. of trainees per year            40  
 Total amount per trainee per day        30.45  
 Duration of training                            5 days  
 Total amount per training                   1523  
 Total amount for 4 trainings                6091.81